NEUROHUB

ZINE

ISSUE 06

20 NOVEMBER 2026

THE LIBRARY OF NEURODIVERGENT ALEXANDRIA · FREE TO READ · A NEW ISSUE EVERY FRIDAY



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NEUROHUB CONNECT

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> A NOTE FROM THE LIBRARY

Welcome to this week's issue of NeuroHub Zine, the Library of Neurodivergent Alexandria: writing, videos and podcasts gathered from across the neurodivergent community.

Each Friday a new issue is chosen from what has come into the Library, with room kept for new arrivals and voices.

Every piece here has a link and a QR code. Tap or scan to read, watch or listen to the whole thing in the Library, and talk about it with other readers on its own live chat.

THE LIBRARY ONLINE

Get each new issue

By email every Friday, or as a notification on your phone. Free, and one click to stop.

zine.neurohubcommunity.org/letters

The Milburn Review: here's the problem #MilburnReview

BY NEUROHUB CONNECT · NEUROHUB CONNECT



The Milburn Review wants to scrap PIP, the UC health element and the Work Capability Assessment for under-25s, and says Autistic and ADHD young people will be "expected and enabled" to work. Here's the problem. If this goes through legislation, disabled young people stand to lose support they rely on, and the likely result is more poverty, not more jobs. Our blog sets out what the review gets right, where it goes wrong, and what must change: https://neurohubcommunity.org/2026/11/17/milburn-review-autism-adhd-neet/ #MilburnReview #Autism #ADHD #DisabilityRights

FILED UNDER uk disability employment advocacy ableism

> CONTINUE IN THE LIBRARY

Watch the whole video, free

Scan the code or tap here. It has its own live chat, so you can talk about it with other readers.

zine.neurohubcommunity.org/read/the-milburn-review-here-s-the-problem-milburnreview/

02

BLOG POST

ND-F9FD

How Does ADHD Make My Working So Difficult? by Stephen Ashfield

THEMAGMAN · THE MAG

ND-F9FD BLOG POST

How Does ADHD Make My Working So Difficult? by Stephen Ashfield

Being late diagnosed has changed my life. That really is the understatement of the year, believe me. It has taught me so much about myself. For the first time, I actually feel like I know myself though I'm sure there's still a lot more to learn. How has it affected the way I work? My paid job is writing sports previews.

> IN THE LIBRARY

Read the whole post

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03

PODCAST

ND-410E

Episode 2 | Where Distress Lives

THE WIDER EXISTENCE PODCAST

This is a free preview of a paid episode. To hear more, visit www.thewiderexistence.co.uk Picture a smoke alarm going off in a kitchen. You could take the battery out and the noise would stop, but nobody would call the kitchen safe. A great deal of what we call support is organised around the noise.



> IN THE LIBRARY

Listen to the whole podcast

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04

BLOG POST

ND-BDF4

Ideas and Events for your Happy Neurodivergent Christmas

JADE FARRINGTON · JADE'S NEURODIVERSITY NEWSLETTER

Christmas can be packed with demands, expectations, overwhelming sensory experiences, and a total change in routine. Some people love the Winter season as a time of joy, celebration and family - and for others it's anything but. Below, you'll find ebooks, events and ideas to help tailor the holidays to you and those you care about.



> IN THE LIBRARY

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05

BLOG POST

ND-533E

Ofsted says SEND support at a Burnage primary school needs urgent improvement: what parents can do

MY SEND FRIEND

ND-533E BLOG POST

Ofsted says SEND support at a Burnage primary school needs urgent improvement: what parents can do

Ofsted has placed St Bernard's RC Primary School in Burnage, Manchester, into special measures. Its report, published on 9 November 2026, says the support given to pupils with special educational needs and disabilities (SEND) is ineffective, and it graded the school's inclusion as "urgent improvement". The inspection took place on 22 and 23 September 2026.

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06

BLOG POST

ND-5E38

16 more specialist SEND places open in Little Hulton, closer to home for Salford families

MY SEND FRIEND

ND-5E38 BLOG POST

16 more specialist SEND places open in Little Hulton, closer to home for Salford families

Here is some good news for families in Salford. Springwood Primary School's specialist provision for children with special educational needs and disabilities (SEND) has expanded to the Little Hulton Nursery site, creating 16 more places so more children can get specialist support in their own community. Salford City Council says the nursery has also had the biggest refurbishment in its 64-year history.

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07

BLOG POST

ND-924B

Research: Autistic students face far more bullying, and prevention research needs a neuro-affirming rethink, review argues

NEURODIVERGENT NEWS

A critical review using Australia as a case study finds autistic students are bullied more often and for longer than their peers, and argues that bullying prevention work should drop deficit-based views of autism in favour of a neuro-affirming approach. (AI-written · AI fact-checked.)

ND-924B BLOG POST

Research: Autistic students face far more bullying, and prevention research needs a neuro-affirming rethink, review argues

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08

BLOG POST

ND-BBFC

Research: Small study looks at how autistic TikTok creators tell their own stories

NEURODIVERGENT NEWS

A new peer-reviewed paper analysed four #ActuallyAutistic TikTok videos and 20 comments, and argues autistic creators are shifting public talk about autism away from deficit. The sample is very small and hand-picked, so the wider claims need caution. (AI-written · AI fact-checked.)

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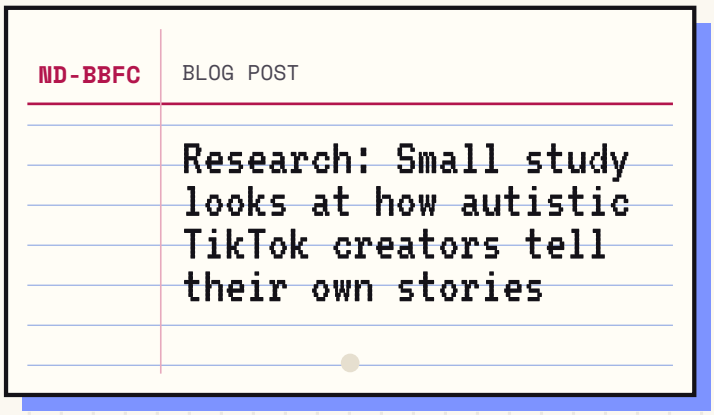

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research reporting

autistic identity

re-storying autism

social media

09

BLOG POST

ND-3738

Milburn Review Explained: What It Means For Autistic And Disabled Young People

DAVID GRAY-HAMMOND · NEUROHUB CONNECT



FILED UNDER

uk

disability

employment

ecosystemic model

news

The Milburn Review, published today, proposes the biggest change to disability support for young people in a generation: no PIP, no Universal Credit health element and no Work Capability Assessment for under-25s. In their place comes a single Youth Allowance, a smaller Additional Cost Allowance and a promise that young people will be supported into work, education or training.

> IN THE LIBRARY

Read the whole post

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Come in and join in

NeuroHub Zine is a free magazine made from the neurodivergent community's own blogs, videos and podcasts, and from readers' own writing. Here is how to be part of it.

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